

**WARA BILONG LIFE – UNIT PLANNER
(ADDITION BY IGWAMITI PRIMARY SCHOOL, KENYA)**

<p>HEALTH.</p> <p>Healthy communities and Environments Societal Attitudes and values</p>	<p>LEARNING OUTCOMES</p> <p>Students will be able to;</p> <ul style="list-style-type: none"> • Identify negative cultural practices that contribute to poor health and nutrition in schools • Determine the challenges and barriers brought about by culture to school health and how to deal with it • Establish means of enlightening our communities to shed off the negative values and attitudes that contribute to poor health and nutrition in schools • Work with and through partners to improve health and nutrition in schools e.g the Wara Bilong Life project
	<p>TEACHING AND LEARNING ACTIVITIES</p> <p>MONITORING AND EVALUATION SCHOOL HEALTH AND NUTRITION</p> <p>MONITORING</p> <ul style="list-style-type: none"> • Assigning responsibility for collecting evidence • Observing tasks in progress • Self assessment • Noting if there are changes in the practice as a result of the health and nutrition programme • Writing reports on strengths and areas to be improved • Assessing implications for future <p>EVALUATIONS</p> <ul style="list-style-type: none"> • Examine the drawbacks in implementing health and nutritional issues • Assess the extent to which health and nutrition aims and objectives have been achieved • Assess the impact of health and nutrition on pupils and achievements and what difference does it make to children’s learning • Determine successful health and nutritional practices in schools